

MAXIMUS LEROIS



Speaker One Sheet

From a Decorated U.S. Marine to a Globally Recognized Emotional Intelligence Coach, best-selling Author, Psychotherapist, & Chief Wellness & Performance Strategist.

Signature Topics:

- The Backpack of Burdens – Releasing Soul Weights & unlocking resilience
- W.H.O.L.E. Leadership – Leading with wellness, EQ, and authenticity
- Healing Out Loud – Breaking cycles of silence and stigma around mental health



FEATURED ON



BRAINZ.



[MaximusLerois](https://www.instagram.com/MaximusLerois)

www.MaximusLerois.com



[Maximus Lerois](https://www.linkedin.com/in/MaximusLerois)